



SOUTHERN ARIZONA
ENDODONTICS

A Professional Corporation



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Dates to Remember :

Compliment Your Mirror Day
July 3rd

Independence Day
July 4th

Did you know.....

SAE is open for emergencies
on Saturday's from
8am to 4pm at our Cray-
croft location?



Thank you to ALL who make
Hope Fest what it is!

Just a reminder to mark your calendars!

Hope Fest 2011
Saturday, October 22nd

If you would like to volunteer call
Dean Hauseman at 917-2348 to sign up!



"I pledge allegiance to
the flag of the United
States of America, and
to the republic for
which it stands, one
nation under God,
indivisible, with
liberty and justice for
all."



Did you know?

Tucson is the 32nd largest city in
the U.S. with over 1 million people
and 227 miles total area!

On this day in 1776, the Declaration of Independence was approved by the Continental Congress, starting the 13 colonies on the road to freedom as a sovereign nation.

Patriotic Cupcakes

You will need:

- ◆ One batch of cupcakes
- ◆ Butter cream frosting
- ◆ Red & Blue icing coloring pastes
- ◆ Decorating bags w/ tips # 16 & # 233



DIRECTIONS :

Separate the frosting into thirds. Color one third red, one third blue, and leave the last third white.

To make the stars and stripes cupcakes, fit decorating bags with the #16 tips.

Pipe a blue area on the top half of the cupcakes, and alternate red and white stripes on the bottom half.

Pipe white stars in the blue area and you're all done!

The fireworks cupcakes are just as easy to make.

Fit decorating bags with the #233 tips.

Touch the tip to the cupcake and apply pressure. Pull the bag up toward you and release pressure to get the "grass" look.

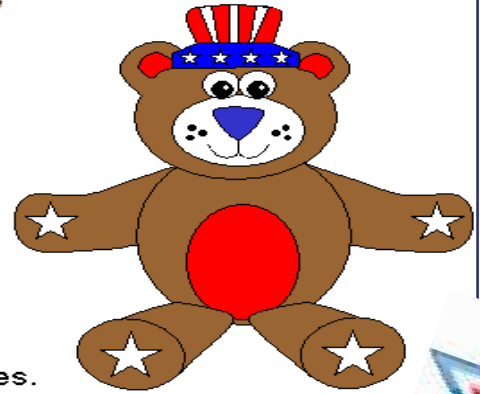
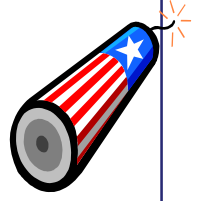
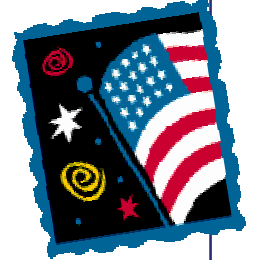
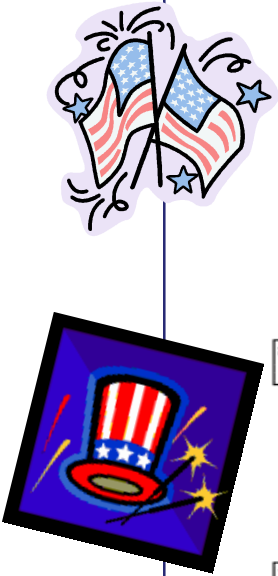
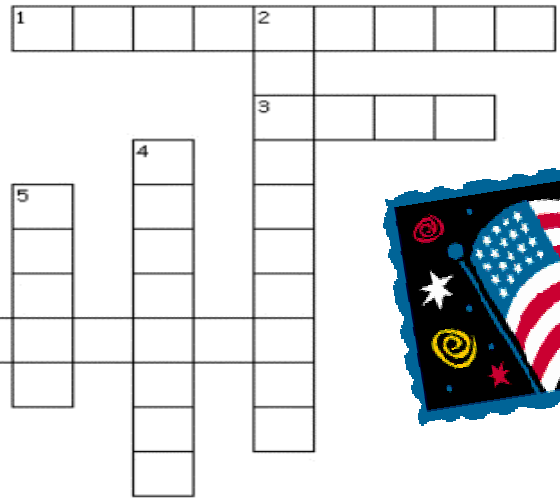
Alternate with red, white and blue frosting to create "fireworks."

"Our greatest happiness does not depend on the condition of life in which chance has placed us, but is always the result of a good conscience, good health, occupation and freedom in all just pursuits."
- Thomas Jefferson

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Facebook!



Fourth of July

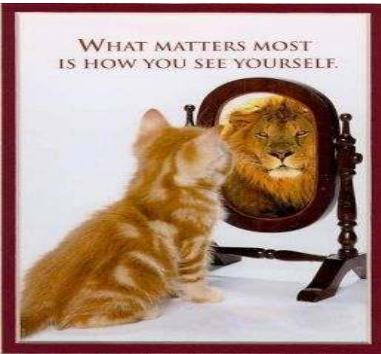


Across

1. Exploding nighttime show.
3. Geometric shape found on the American flag
7. Someone who is devoted to their country.
8. BBQ treat in a bun.
9. Truth, _____, and the American way.
10. National bird of the United States.

Down

2. George or D.C.
4. Common name for a citizen of the United States.
5. Red, _____ and blue.
6. **I wave in the wind.**
7. Marching bands and costumed people in the streets.
9. A patriotic summer month.



July 3rd is Compliment Your Mirror Day

Now, here is what you need to do.....

Stand in front of your mirror with your eyes closed. Put a big smile on your face.... a big smile. Now, open your eyes. Isn't the picture of the person in your mirror absolutely stunning!? The person in your mirror is beautiful (or handsome). So, compliment your mirror for displaying this beautiful person.

Quick Tips for Sun Safety

- ◆ Use a sunscreen with a SPF of 15 OR HIGHER.
 - ◆ In addition to sunscreen with an SPF of 15 or higher, apply lip balm with an SPF factor.
 - ◆ Re-apply after being in the water.
 - ◆ Wear a wide brimmed hat, wrap and sunglasses.
 - ◆ Be aware of reflective surfaces.
- and remember you only need 10-15 minutes a day of sun for a healthy dose of vitamin D.



Go as far as you can see; when you get there, you'll be able to see farther.
— J.P Morgan

